



Teen Social Skills Group

This social skills group is designed specifically for teens. The purpose of our group is to practice expanding and building social skills in the areas of communication, problem solving, social media, friendship, fitting in, empathy and leadership skills.

We will meet at Panera in Rocky River on Center Ridge on Tuesdays from 7 p.m. to 8 p.m. The group will be facilitated by Julie Ruddy. Julie has been an Intervention Specialist with over 25 years of experience and a special focus in social skill instruction.

Weekly Topics

- **Week 1 (January 8th):** Communication (Body language, conversations, starters and stoppers)
- **Week 2 (January 22nd):** Problem Solving (what to do when things don't go as planned)
- **Week 3 (February 5th):** Social Media (The do's and don'ts)
- **Week 4 (February 19th):** Friendship (Expected/unexpected behaviors of friends)
- **Week 5 (March 5th):** Fitting in (Accepting and embracing differences)
- **Week 6 (March 19th):** Empathy (Accepting and embracing differences continued)
- **Week 7 (April 2nd):** Leadership Skills (Ways to be a leader in class and in the community)
- **Week 8 (April 16th):** Social outing with the group


The cost of the group is \$30 per session.


Participation in each session must be confirmed by the Wednesday prior to the session.

You may pay for the entire 8 week session at a reduced rate of \$25 per session.

Please Contact Kelly Rigo to sign up (440)-471-7190.

 440-471-7190

 815 Crocker Rd., Suite #3
Crocker Office Park
Westlake, Ohio 44145

 Ellen Spear- Owner: epspear@lakeshorespeech.com
Kelly Rigo - Office Manager: krigo@lakeshorespeech.com