



Teen Social Skills Group

This social skills group is designed specifically for teens. The purpose of our group is to practice expanding and building social skills in the areas of communication, problem solving, social media, friendship, fitting in, empathy and leadership skills.

We will meet at Panera in Rocky River on Center Ridge on
Tuesdays from 7 p.m. to 8 p.m.

- May 21st
- June 4th & 25th
- July 9th & 23rd
- August 6th

The group will be facilitated by Julie Ruddy. Julie has been an Intervention Specialist with over 25 years of experience and a special focus in social skill instruction.



Weekly Topics May Include

- Communication (Body language, conversations, starters and stoppers)
- Problem Solving (what to do when things don't go as planned)
- Social Media (The do's and don'ts)
- Friendship (Expected/unexpected behaviors of friends)
- Fitting in (Accepting and embracing differences)
- Empathy (Accepting and embracing differences continued)
- Leadership Skills (Ways to be a leader in class and in the community)
- Social outing with the group

The cost of the group is \$30 per session.

Participation in each session must be confirmed by the Wednesday prior to the session.

You may pay for the entire 6 week session at a reduced rate of \$25 per session.

Please Contact Kelly Rigo to sign up (440)-471-7190.

Program is private pay only . Payment is due in full by the date of the first class for all programs. There will be no refunds for missed sessions. We reserve the right to cancel the class entirely should registration not meet minimum requirements.

440-471-7190



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